



End of Life Option Act: How to Respond

A Symposium for Physicians and
Health Care Providers

May 7, 2016

collaboration
creativity
compassion

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Pre-questionnaire

End of Life Option Act

Welcome and logistics

Agenda

Welcome and Opening Remarks

Moderator: Sharon Tapper, M.D. Program Director, Palliative Care and Support Services, Palo Alto Medical Foundation

The Nuts and Bolts of the End of Life Option Act Law:

California Assembly Member Susan Talamantes Eggman

The Ethical Implications of the End of Life Option Act:

David Magnus, Ph.D., Director, Stanford Center for Biomedical Ethics

Break

Having Crucial Conversations: How to Respond to Patients Requesting Aid in Dying

Steve Lai, M.D., Leader, Palliative Care, Palo Alto Medical Foundation
Michael Cohn, M.D., Palliative Care Physician, Palo Alto Medical Foundation

Panel Discussion

For more information

- **Internal** - <https://newsplus.sutterhealth.org/the-end-of-life-option-act/>
 - Know Do Share
 - Basic facts for patients
 - Basic facts for physicians
 - FAQs are fed to ELOAct@sutterhealth.org
- **Link to law** http://www.leginfo.ca.gov/pub/15-16/bill/asm/ab_0001-0050/abx2_15_bill_20151005_chaptered.pdf
- **External** – <http://www.sutterhealth.org/elo>
 - [UC Hastings College of the Law \(PDF\)](#)
 - [California Hospital Association \(PDF\)](#)
 - [California Medical Association \(PDF\)](#)

End of Life Option Act-Sutter Health Position

Sutter Health is supportive of helping our patients explore their end-of-life options that can include palliative care, home health, hospice and our advanced illness management program. The End of Life Option Act provides another choice for certain terminally ill patients, who are making decisions at the end of their lives.

Sutter Health respects the rights of our patients to use this option, as well as the rights of our doctors and staff who can choose to participate or not. If doctors choose not to participate, patients are free to transfer to another doctor and receive a copy of their medical records.

End of Life Option Act Symposium

The opinions expressed during this program by individual presenters do not necessarily reflect the views and opinions of the Palo Alto Medical Foundation or Sutter Health. This program is meant for educational and informational purposes only.

Open IDEO

Beginning in early May, Sutter Health is partnering with OpenIDEO to explore the following question:

How might we reimagine the end-of-life experience for ourselves and our loved ones?

Along with OpenIDEO's online audience, Sutter employees and physicians will be invited to join in the "idea" phase conversation at

www.OpenIdeo.com

Our goal is to elevate and expand our local conversation about end of life experiences to a global audience via the OpenIDEO stage to accelerate learning and human-centered design.

The End of Life Options Act

Pre-questionnaire

1. Is the end of life option act currently in effect? Y/N
2. Can an aid-in-dying prescription be written by a nurse practitioner? Y/N
3. Is an adult with a prognosis of a year or less eligible for an aid-in-dying drug. Y/N
4. Should the ethical principle of autonomy routinely be applied to patients requesting an aid in dying prescription? Y/N
5. Wait to write a prescription for an aid in dying drug until you have explored the reasons for the patient's request. T/F

The End of Life Options Act

Pre-questionnaire

1. Which of the following are parts of the evaluation for physician aid-in-dying request from patient?
 - a. Evaluate for depression or other psychiatric conditions
 - b. Assess the patient's decision-making capacity
 - c. Evaluate patient's physical, mental, social, and spiritual suffering
 - d. Discuss all alternative options, such as palliative care & hospice
 - e. All of the above

Rating Scale: Strongly Disagree-1, Disagree-2, Partially Agree/Disagree-3, Agree-4, Strongly Agree-5

1. On a scale of 1-5, how confident are you in discussing physician assisted suicide with your patients now that you have participated in this program?

The Nuts and Bolts of the End of Life Option Act

California Assemblymember

Dr. Susan Talamantes Eggman